









**Table KEYS:**  
✓ - Contains  
▲ - May Contain

Energy	Allergens																								
	Cereals Containing Gluten							Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Almond	Hazelnut	Walnut	Cashew	Peacan	Brazil	Pistachio	Macadamia	Peanuts	Sesame	Soya

**CANDY KING PICK AND MIX**

**Pick and Mix** All kcal and Allergen information for each product is available on the pick and mix display.  
Please be aware that Candyking scoops and tongs will have been used to select other products on the fixture which you may be allergic to.

**BASKIN ROBBINS SCOOPED ICE CREAM**

**Ice Cream** All kcal and Allergen information for each Ice Cream Flavour can be found on the information card inside the dipping cabinet

	Ice Cream	Portion / Pack Size	Calories (kcal)	Celery	Wheat	Rye	Barley	Oats	Spelt	Kamut	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Almond	Hazelnut	Walnut	Cashew	Peacan	Brazil	Pistachio	Macadamia	Peanuts	Sesame	Soya	Sulphites	
Sauces & Cream	Whipped Cream	Per 100g	336												✓															
	Hot Fudge	Per 100g	338																											
	Butterscotch	Per 100g	258												✓															
	Ghirardelli Black Chocolate	Per 100g	264																									✓		
Candy Toppings	Ghirardelli Caramel	Per 100g	310												✓															
	Cherries	Per 100g	200																										✓	
	Roasted Almonds	Per 100g	612																				✓							
	Mini Marshmallows	Per 100g	342																											
	Sugar Strands	Per 100g	386		✓																									
	Caramel Fudge Pieces	Per 100g	396													✓												▲	✓	
Cones & Syrups	Milk Chocolate Beans	Per 100g	529												✓												✓			
	Simple Sugar Syrup	Per 100g	279																											
	Waffle Cone	Per 100g	406		✓																							✓		
Baked Goods (does not include ice cream)	Sugar Cone	Per 100g	408		✓										✓													✓		
	Tripple Chocolate Brownies	Per 100g	420		✓						✓				✓				▲		▲		▲			▲	▲		✓	
	Chocolate Molten Cake	Per 100g	370		✓						✓				✓				▲		▲		▲			▲	▲		✓	
	Toffee Crunch Blondie	Per 100g	440		✓						✓				✓			✓	▲	▲	▲	▲	▲	▲	▲	▲	▲		✓	
	Belgian Waffle	Per 100g	433		✓						✓				▲														✓	
	Rockslide Brownie	Per 100g	440		✓						✓				✓				▲		▲		✓			▲	▲		✓	
	Chocolate Chunk Cookie	Per 100g	460		✓						✓				✓				▲	▲	▲		▲		▲	▲	▲		✓	
	Salted Caramel Cookie	Per 100g	450		✓						✓				✓			✓	▲	▲	▲		▲		▲	▲	▲		✓	
	Mini Speculoos Beignet	Per 100g	445		✓						✓				✓				▲	▲	▲		▲			▲	▲		✓	
	Molten Chocolate Meltdown-Stuffed Cookie	Per 100g	403		✓	▲	▲	▲				▲			✓				▲	▲	▲		▲			▲			✓	▲
	Caramel Queen - Stuffed Cookie	Per 100g	424		✓	▲	▲	▲				▲			✓				▲	▲	▲		▲			▲			✓	▲
Caramel Apple Bar	Per 100g	300		✓				✓			✓			✓				✓		▲		▲			▲	▲		✓		



















Information  
Updated On:  
04/02/2026

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	Cereals Containing Gluten							Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Tree Nuts					Sesame	Soya	Sulphites				
Calories (kcal)	Celery	Wheat	Rye	Barley	Oats	Spelt	Kamut								Almond	Hazelnut	Walnut	Cashew	Peacan	Brazil	Pistachio	Macadamia				

**BELFAST CAFÉ FOOD**

Pastries	Caramel Slice	80 g	374		✓								✓													✓	✓	
	Carrot Cake	100 g	439		✓								✓		✓												✓	
	Chocolate Muffin	115 g	589		✓								✓														✓	
	Blueberry Muffin	115 g	376		✓								✓														✓	
	Lemon Poppy Muffin	115 g	480		✓								✓														✓	✓
	Fudge Brownie Slice	85 g	394		✓								✓		✓												✓	
	Croissant	58 g	250		✓								✓															
	Pain Au Chocolate	71 g	303		✓								✓		✓												✓	
	Caramel Brownie Slice	100 g	446		✓								✓														✓	✓
	Scones With Jam	115 g	389		✓								✓		✓													
Savory items	Chicken Cajun Ciabatta	230 g	508		✓	✓	✓					✓				▲	▲	▲	▲	▲	▲	▲	▲			▲	▲	
	Tomato & Mozzarella Ciabatta	222 g	509		✓	✓						▲				▲	▲	▲	▲	▲	▲	▲	▲			▲	▲	
	Ham & Swiss Cheese Panini	200 g	477									▲			✓		▲	▲	▲	▲	▲	▲	▲			▲	▲	
	Croque Monsieur Toastie	199 g	512	✓	✓	✓							✓			▲	▲	▲	▲	▲	▲	▲	▲			▲	▲	
	Tomato & Basil Pasta Salad	242 g	199		✓								✓		▲												▲	
	Sausage Bap	160 g	413		✓								▲		✓	▲	▲	▲	▲	▲	▲	▲	▲			▲	▲	
	Katsu Chicken Wrap	204 g	363		✓											▲	▲	▲	▲	▲	▲	▲	▲					
	Sweet Chilli Chicken Wrap	196 g	441		✓								✓			▲	▲	▲	▲	▲	▲	▲	▲					
	Avocado & Mozzarella Baguette	255 g	556		✓	✓	✓					✓				▲	▲	▲	▲	▲	▲	▲	▲			▲	▲	
	Egg Rocket Sandwich	156 g	348									✓				▲	▲	▲	▲	▲	▲	▲	▲					
	Chicken & Bacon Sandwich	204 g	606		✓			✓				✓																
	Ultimate BLT Sandwich	204 g	486		✓			✓				✓			✓													
	Ploughmans Salad	212 g	469		✓			✓					✓															▲
New York Pastrami Pretzel Roll	189 g	431		✓							✓			✓	▲	▲	▲	▲	▲	▲	▲	▲			▲	▲		
Limited Time	Christmas Feast	222 g	613	▲	✓		✓				✓		✓														✓	
	Christmas Wrap	224 g	608	▲	✓		✓				✓		✓		▲	▲	▲	▲	▲	▲	▲	▲					✓	

